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Brigid is a lecturer and tutor in ethics for the School of Medicine, Sydney. She holds a medical degree from the University Of Tasmania and A Masters Degree in Bioethics from The John Paul II Institute for Marriage and Family, Melbourne. Brigid has previously worked as a medical doctor in hospitals in Tasmania and Victoria, and as the Director of the Catholic Archdiocese of Sydney Life Office. She is currently the Life Issues Policy Officer for the Archdiocese's Life, Marriage and Family Centre, and mother to her baby daughter, Lucy.