Living Contemplatively

Retreats, Sabbaticals, Programs and other opportunities for nourishing the spiritual

Sisters of St Joseph Retreat Centres, Australia
Information about the Centres and Registration

- St Joseph’s House of Spirituality
  Batehaven

- St Joseph’s Centre for Reflective Living
  Baulkham Hills

- Villa Maria Spirituality Centre
  Brisbane

- Mary MacKillop Heritage Centre
  East Melbourne

- Mary MacKillop Centre
  Kensington

- St Joseph’s Spirituality and Education Centre
  Kincumber South

- Largs Bay Retreat House
  Largs Bay

- Kilmolee
  Safety Bay

- Mary MacKillop Place
  North Sydney

- The Vale Lodge
  Perthville

- St Joseph’s By the Sea
  Williamstown

All retreats begin with the evening meal on the first date and close after breakfast on the closing date, unless it is stated differently for any particular centre.

Registration

- For weekends: 4, 6, 8 day retreats please send the application form included in this brochure, plus deposit to the appropriate Centre or email/phone Centre for an application form.

- For Sabbaticals, summer and winter schools please request an application form by emailing: frontdesk@stjosephscentre.org.au

Payment

- A non refundable deposit of $50 applies when booking (unless quoted differently for each individual centre).

- Payment by direct deposit (EFT) or credit card is available by contacting each centre directly. Contact details are on pages 15-18.

- North Sydney – Please make cheques payable to Mary MacKillop Place.

- Baulkham Hills/Kincumber – Please make cheques payable to Spirituality Ministry of Sisters of St Joseph.

- All other centres – Please make cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.
25 February – 4 March
Perthville
$600
Care for our Common Home - Praying with the ‘Earth Stations’

“One of the principle challenges facing humanity in our day”, states Laudato Si 25, is the care of our common home. Mindful that we are part of this amazing Universal Communion of all of creation, this retreat draws us to hear and feel the cry of Earth and recognise our opportunity to awaken anew to the evolving mysteries and nurture more deeply our creative response “for the protection of our world” (L Si 216). In our hands is the fate of Mother Earth’s purity and welfare.

Ann Morrison rsj

2 March – 14 April
Baulkham Hills
$7,890
Retirement For Mission

This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.

Pat Farrell osf and a team of Australia-based presenters.

Coordinator: Lianella Girardi rsj

25 March – 1 April
North Sydney
$600
Soul Sifting in the Sacred Season

You are invited to pause in your life and take this unique opportunity to enter more consciously into the celebration of Holy Week’s meaning.

The 3 first days of the week will be spent in theological reflection on the readings of the week, hymns and images expressing the Paschal Mystery, as well as in private contemplative prayer.

The days of the Sacred Triduum will be celebrated with communal prayer in the Chapel and participation in the liturgies of the Triduum as celebrated at Mary MacKillop Place.

Virginia Bourke rsj and Mary MacKillop Place Ministries

8 – 15 April
Williamstown
$625
The Mystery at the Heart of the Emerging Universe

This retreat invites us to awaken to the wonder that, we bear The Universe in our being as the Universe bears us in its being.

It offers a guided process, the presence of stillness and silence, creative expression, the surrounding beauty of sun, sea and open sky.

Elaine Smith rsj and Carmel Crameri rsj

12 – 19 April
Largs Bay
$500
Oneness of Being

This silent, Centering Prayer Retreat offers the opportunity for the Spirit to deepen our union in Jesus with the Divine Presence in all that is.

Tom Gleeson, Priest of Adelaide Archdiocese

13 April – 14 May (30 days)
Largs Bay
$2,000
Place me with Your Son

(Maryland Province Of Society of Jesus)

The Spiritual Exercises of St Ignatius will be offered over thirty days, allowing time for preparation and rest days. A spiritual director will accompany each retreatant on this silent retreat.

Director: Tom Gleeson
Consulting Director: Jan Sobotta

15 – 21 April
Brisbane
$500
Living Contemplatively in a busy world

Explore the ideal of living a deeply spiritual life, while being gentle on ourselves and those around us.

David King cp

15 – 22 April
Perthville
$600
Minding our ‘Aitchs’ in the Spiritual Life

This is a silent, guided retreat reflecting on the Christian call to be happily human, holy and whole, with heart, humility and a taste for home and honey.

Virginia Bourke rsj
15 – 22 April
Batehaven
$500
Directed Retreat
Sr Carmel Drew rsj

19 – 26 April 2018
Safety Bay
$600
Hildegard: A Light for Our Time
Hildegard is an inspiration in her deep devotion to God, her courage, her artistic and musical gifts and especially in her ability to discover the exuberant Spirit of the Divine alive in all creation.
Moya Unthank rsj

4 – 11 May
Kincumber
$700
Directed Retreat
Sr. Yvonne Parker sgs

4-11 May
Kincumber
$660
The Pilgrim’s Journey into God
Drawing on the wisdom of the mystics Julian of Norwich, Mechthild of Magdeburg and others to guide us more deeply into the way of pilgrim love as we face the next evolutionary flow into becoming one with God.
Dr. Kerrie Hide

6 – 13 May
Williamstown
$625
Befriending the Beauty of Your Own Soul
A Spirituality to sustain us in the second half of our lives. Ponder and enjoy our heart’s desire. Enter the mystery we hold as the Beloved of God.
Lynette Young rsj

14 – 20 May
East Melbourne
$625
Heart-fullness:
Transformation in Christ
(based on the work of Thomas Keating and Cynthia Bourgeault)
This retreat will focus on the contemplative dimension of the Gospel which manifests as an ever deepening union with Christ and the practical caring for others that flows from this relationship. Whilst pondering the teachings of Jesus we will reflect on the exercise of leadership through an attitude of humility, listening, and service.
Yvonne Harte rsj

20 – 27 May
Perthville
$660
The Power of the Spirit in Our Lives
‘This retreat will give you the time and space to be with the Lord. It will foster silence: there will be daily, silent, community prayer and adoration of the Blessed Sacrament in the evening. As well as a daily morning talk there will be a voluntary time for shared reflection in the afternoon and the opportunity to meet with the retreat giver. The retreat will have a focus on living in the Spirit.’
Steve Sinn sj

25 – 27 May
Batehaven
$170
Gratefulness ~ the Root of Joy
Gratefulness is the key we hold in our hands to enable us to deepen our relationship with God.
Carmel Drew rsj

15 – 22 June
Kincumber
$700
Directed Retreat
Fr. John Sullivan

15 – 22 June
Kincumber
$660
Reimaging God’s Dream for the World
Based on John Phillip Newell’s book, ‘The Rebirthing of God’. Each day will be spent deepening our awareness with one of the following themes...reconnecting with Spiritual Practice, with the Earth, with Light, with Compassion, with Love and with Nonviolence
Lyndall Brown rsj
17 – 24 June
Williamstown

$625
Non refundable deposit $75

**A Contemplative Journey**

Drawing on the writings of the classical mystical tradition and of contemporary spiritual writers, the reflective experiences of these days will hopefully inspire an ever deepening journey of contemplative prayer.

*Moya Unthank rsj*

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8 – 15 July
Batehaven

$500

**Let Your Heart Speak ~ My Life is Listening. God is Speaking**

*T. Merton*

We will ponder and celebrate the quiet miracles of our lives remembering that ‘everything is a gift’. The degree to which we are awake to this truth is a measure of our gratefulness, and gratefulness is a measure of our aliveness.

*Carmel Drew rsj*

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8 – 15 July
Baulkham Hills

$660

**Befriending the beauty of Your Own Soul**

A time to ponder and open our lives to a spirituality that will sustain us during the second half of our lives, to enjoy our heart’s desire, to draw alongside the mystery we hold as the Beloved of God.

*Lynette Young rsj*

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8 – 15 July
Baulkham Hills

$660

**“Of love beyond desire, and so liberation”**

*(from T.S. Eliot’s ‘Little Gidding’)*

This retreat explores the life long tasks of liberation and love, of the self and of the universe.

*Bernard McGrath osb*

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9 – 15 July
East Melbourne

$625
Non refundable deposit $75

**Directed Retreat**

This retreat is an invitation to rest and be attentive to the Presence of God in one’s life. Retreatants will have access to spiritual direction each day.

*Yvonne Harte rsj*  
*Jill Dance rsj*

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9 – 20 July
Baulkham Hills

$1,210

**Acculturation Winter Program**

This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia – the land, its peoples and the Church; Right relationships – women and the Australian church, integrity in ministry and child protection; and psychological aspects of entering a different culture.

*Coordinators: Annie Bond rsj*  
*and Brian Vale ssc*

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13 – 20 July
Kincumber

$700

**Directed Retreat**

*Mary Baker rsj*

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13 – 20 July
Kincumber

$700

**Directed Retreat**

*David King cp*

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13 – 20 July
Kincumber

$660

**Jesus: Revealer of ‘hidden figures’ Showing a New Way to Live on Earth**

Reflecting on Jesus’ manner of life as God’s ‘beloved’- ‘icon’ of the Trinity’s outpoured love. This retreat seeks to invite participants to transformation of life in imitation of Jesus.

*Virginia Bourke rsj*
12 – 19
August
Williamstown
$625
Non refundable deposit $75
Yvonne Harte rsj
Therese Quinn rsj

Directed Retreat
This retreat is an invitation to rest and to be attentive to the presence of God in one’s life. Retreatants will have access to Spiritual Direction each day.

9 – 16
September
Williamstown
$625
Non refundable deposit $75
Therese Quinn rsj

The Garden
The Garden - place of intimacy. Exploring the symbolism of the garden especially in the book of Genesis, the Gospel of John and the Song of Songs.

12 – 17
August
Largs Bay
$600
Walking Earth’s Story: Our Story
(Travel 12th & 18th)
Description: Travel to the Flinders Ranges, walk Earth’s story - our story, contemplating our Oneness with All. Shearer’s quarters accommodation and shared travel. (Limited special diets)
Presenter: Kateri Duke rsj

16 – 23
September
Kincumber
$660
Seeking the Beloved
Teresa of Avila and John of the Cross will guide us during this retreat. They inspire us to respond to the invitation of our Beloved to deep relationship and to discover the depths of our own mystical hearts.
Moya Unthank rsj

12 – 17
August
Largs Bay
$600
Walking Earth’s Story: Our Story
(Travel 21st & 27th)
Description: Travel to the Flinders Ranges, walk Earth’s story - our story, contemplating our Oneness with All. Shearer’s quarters accommodation and shared travel. (Limited special diets)
Presenter: Kateri Duke rsj

21 – 26
August
Largs Bay
$600
Walking Earth’s Story: Our Story
(Travel 21st & 27th)
Description: Travel to the Flinders Ranges, walk Earth’s story - our story, contemplating our Oneness with All. Shearer’s quarters accommodation and shared travel. (Limited special diets)
Presenter: Kateri Duke rsj

3 – 9
September
East Melbourne
$625
Non refundable deposit $75
Yvonne Harte rsj
Lynette Young rsj

Directed Retreat
This directed retreat offers the opportunity for days of silence and daily spiritual direction within a contemplative environment.

16 – 23
September
Kincumber
$700
Directed Retreat
John Hay

27 September – 4 October
Safety Bay
$600
We are the Ones We are Waiting for ...
This retreat offers an opportunity for praying with and savouring some of the truth, beauty and goodness within Judy Cannato’s book: ‘Field of Compassion.’
Mary Baker rsj

16 – 23
September
Kincumber
$625
Directed Retreat
John Hay

3 – 9
September
East Melbourne
$625
Non refundable deposit $75
Yvonne Harte rsj
Lynette Young rsj

The Mystic Energy of ‘home’ in Our Lives
This retreat will explore various meanings of ‘home’, building towards a fuller appreciation of Jesus’ invitation in John’s Gospel to ‘make our home’ in him as he makes his with his Abba and Holy Spirit.
Virginia Bourke rsj

1 – 7
October
East Melbourne
$625
Non refundable deposit $75
Mary Baker rsj

Abide: Keeping Vigil with the Word of God. A Pilgrimage to the Heart of God
This retreat invites the seeker to be attentive to your pilgrim heart. Themes related to the wisdom of the body will be included in a contemplative journey to wholeness.
Yvonne Harte rsj
7 – 14 October
Largs Bay
$500
Waiting ... Being Present ...
Consenting to Be ... Awakening!
This silent, contemplative retreat offers the invitation to focus deeply through Centering Prayer and self-expression.
Colleen O’Sullivan rsj
Non refundable deposit $75

14 – 21 October
Williamstown
$625
Jesus the Christ in Art Today
An invitation to contemplate contemporary art of different cultures and to continually ponder the question, "But who do you say that I am?" (Luke 9:20)
Therese Quinn rsj

14 – 21 October
Perthville
$660
Leaning Together
Biblical reflections on living with pressure, with self and with others.
Bernard McGrath osb

15 – 22 October
Batehaven
$500
Befriending the Beauty of Your Own Soul
A time to ponder and open our lives to a spirituality that will sustain us during the second half of our lives, to enjoy our heart’s desire, to draw alongside the mystery we hold as the Beloved of God.
Lynette Young rsj

27 October – 5 November
Kincumber
$860
Directed Retreat (8 days)

29 October – 5 November
Kincumber
$700
Directed Retreat (6 days)
Mary Baker rsj

2 – 4 November
Batehaven
$170
Remembering, Letting Go and Letting Come ...
The feasts we celebrate this weekend offer the opportunity to reflect on what the Communion of Saints might mean for us in our lives.
Carmel Drew rsj

4 – 11 November
Largs Bay
$500.00
Journey into Presence
Description: This directed, silent retreat is an invitation to be attentive to God’s presence in the depths of one’s life.
Genevieve Ryan rsj
Elizabeth Murphy rsj

11 – 18 November
Perthville
$600
Directed Retreat

11 – 18 November
Perthville
$660
This Retreat will give you the Time and Space to be with the Lord
It will foster silence: there will be daily silent community prayer and adoration of the Blessed Sacrament in the evening. As well as a daily morning talk there will be a voluntary time for shared reflection in the afternoon and the opportunity to meet with the retreat giver.
Steve Sinn sj

11 November – 9 December
Baulkham Hills
4 weeks
$5000
The Time of Sage
A Sabbatical for religious living the 80s years, with themes relevant to this time of life.
Team of Australia-based presenters
Coordinator: Lianella Girardi rsj
19 – 25 November
East Melbourne
$625
Non refundable deposit $75

Hildegard: “A Light for our Time”
Pope Benedict

Hildegard is an inspiration in her passion for God and sincere Gospel living, her courage, her artistic and musical gifts and especially in her ability to discover the exuberant Spirit of the Divine alive in all creation.

Moya Unthank rsj

25 November – 2 December
Baulkham Hills
$660

The Hospitality of God

Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon, based on Genesis 18, painted in 1411 for the abbot of the Trinity Monastery in Russia. As Henri Nouwen says: The more we look at this holy image with the eyes of faith, the more we come to realize that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation of a difficult doctrine, but as a holy place to enter and stay within.

Ann Morrison rsj

25 November – 2 December
Baulkham Hills
$660

Awakening Anew

An invitation to enter anew the rich themes of Advent – through Music and Imagery, along with some gentle practices designed to honour our embodiment of Holy Mystery.

Mary Baker rsj

December 1, 8, 15, 22

Advent Stillness: Fridays of Advent in St Joseph’s Chapel
Take 45 minutes out of the frantic pace of this time of year to: Be still. Reflect. Find Peace - in Mary MacKillop’s much loved place of prayer.

Other Events

Kensington
‘Mary MacKillop Centre Adelaide’

8th of Month, except Sundays
Honouring and Praying with St Mary MacKillop

Mass at 10.30am followed by morning tea
Evening Reflection: 5.45 - 6.30pm
Opportunity to learn more about the early Josephite story and pray about our world’s needs.

Catherine Clark rsj

Batehaven on the South Coast NSW
Phone: 02 4472 4021 or 02 4472 7063
St Joseph’s House of Spirituality and Hospitality
12 David Avenue, Batehaven NSW 2536
Email: batehavenretreats@sosj.org.au
Website: www.batehavenretreats.org.au

Baulkham Hills Sydney NSW
Phone: 02 9634 2317  Fax: 02 9899 4249
St Joseph’s
64 MacKillop Drive, Baulkham Hills NSW 2153
PO Box 7386 Baulkham Hills BC NSW 2153
Email: frontdesk@stjosephscentre.org.au
Website: www.stjosephscentre.org.au
Brisbane Qld

Phone: 07 3831 8065
Villa Maria Spirituality Centre
123 Warren Street, Fortitude Valley Qld 4006
Email: admin@adorationsrs.org.au

East Melbourne VIC

Phone: 03 9926 9300 Fax: 03 9926 9330
Mary MacKillop Heritage Centre
362 Albert Street, East Melbourne VIC 3002
Email: admin.mmhc@sosj.org.au
Website: www.mmhc.org.au
Retreatants are requested to arrive after 11am and in time for lunch at 12.30pm. Departure time is between 10am and 12 noon the following Sunday

Kensington Adelaide SA

Phone: 08 8130 5900
Attention: Rebecca Reiner
Mary MacKillop Centre Adelaide
4 High Street, Kensington SA 5068
Email: infosa@sosj.org.au
Website: www.marymackillop.adelaide.org.au
or post to Kateri Duke rsj, 8 Wigley St, Largs Bay SA 5016

Kilmolee Safety Bay WA

Phone: 08 9527 3240
Kilmolee at Safety Bay
182 Arcadia Drive, Safety Bay WA 6169
Email: Safety.Bay@sosj.org.au

Kincumber South Central Coast NSW

Phone: 02 4368 2805 Fax: 02 4368 3849
St Joseph’s, 8 Humphrey’s Rd, Kincumber South NSW 2251
Email: reception@stjosephsretreat.org.au
Website: www.stjosephskincumber.org.au

Largs Bay Adelaide SA

Phone: 0418 834 114
St Joseph’s Centre
1 Everard St, Largs Bay SA 5016
Email: kateri.duke@sosj.org.au
or post to Kateri Duke rsj, 8 Wigley St, Largs Bay SA 5016

Please note additional costs for Flinders Ranges Retreat
Application Form for Retreats

Please return application form to the relevant Retreat Centre with non-refundable deposit

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Retreat Selected (Please tick)

- [ ] Batehaven NSW
- [ ] Baulkham Hills Sydney NSW
- [ ] Brisbane Qld
- [ ] East Melbourne Vic
- [ ] Kensington Adelaide SA
- [ ] Kilmolee Safety Bay WA
- [ ] Kincumber South NSW
- [ ] Largs Bay Adelaide SA
- [ ] North Sydney NSW
- [ ] Perthville NSW
- [ ] Williamstown Melbourne Vic

Title

Dates From ____________________________

To ____________________________

Cost ____________________________